

## **Driver CPC – LGV E-Learning Modules**

### **Drivers' Hours and Compliance (3.5 hours – National CPC)**

- Driving Limits
- Breaks and Rests
- The Working Time Directive
- Tachographs
- Record Keeping
- Manual Entries
- Periods of Availability

### **Vehicle and Driver Safety (3.5 hours – National CPC)**

- Load Security – Pallets
- Bridge Strikes
- Vulnerable Road Users
- Speed Limits
- Daily Walkaround Checks
- Mind, Mood and Driving
- Drivers' Diet and Fitness

The above courses can also be completed as one course for drivers who need to complete International CPC (7 hours) - **Drivers' Hours and Compliance & Vehicle and Driver Safety.**