

# RTITB LGV Driver CPC Module List

Available from 17<sup>th</sup> August 2025

---



# The Driver

Fit to Drive
Diet and Nutrition Planning Balancing Work and Wellbeing Physical Exercise Medical Declarations

Clear Mind, Safe Drive
Drugs Behind the Wheel Drink Driving: Not Worth the Risk Beat Stress, Drive Safe Controlling Your Screen Time

Mindset Matters
Your Mind Behind the Wheel Optical Behaviour Keeping Your Eyes on the Road Attitudes to Driving

Smart Decisions on the Road
Manage Risk, Stay Safe Controlling Road Rage Focus in the Cab, Focus on the Road Control Your Speed, Control Your Safety

Customer First
Exceeding Service Standards Scenarios in Customer Service Going Above and Beyond Challenging Interactions

Workplace Wellbeing
Common Mental Health Conditions Recognising Signs of Mental Distress Mental Health Matters: Access the Help Workplace Culture and Mental Health

Manual Handling in Action
Moving with Your Body Assessing Your Capabilities Risk Assessments Manual Handling Skills in Practice



# The Vehicle

## Secure the Load, Secure the Road

Load Safety Challenge  
Safe Loading Workshop  
Smart Load Management  
Securing Loads the Right Way

## Hands-On Safety

Safety Skills Workshop  
Safe Working on Vehicles  
Safe Operations in Loading Bays and Ramps  
Coupling and Uncoupling Best Practice

## Efficiency on the Road

Efficient Vehicle Control Skills  
Aerodynamics  
Fuel Efficiency Through Telematics  
Engine Power & Torque Basics

## Vision & Precision

Blind Spots  
Slow Speed Manoeuvring  
Use of Technology and Safety Aids  
Best Practice Workshop

## Security: Yours and the Vehicles

Security Protocol Practice  
Security Skills Toolkit  
Clandestine Entry Awareness  
Safe Stopping Procedures

## Compliance on the Move

Tyre Care for Safe Driving  
Ensuring Roadworthiness: Vehicle Inspections  
Maintaining Vehicle Health  
Vehicle Compliance and Records

## Safety in Motion

What a Banksman Does  
Reversing Workshop  
Communicating with the Banksman  
Guiding the Vehicle

## Safe Loading Management

Load Planning  
Awareness of oversized loads  
Loads in Motion  
Think before you load



# The Road

---

## Drive Safe, Plan Smart

Route Ready  
Knowing the Highway Code  
Bridge Strike Prevention  
Protecting Road Workers

## Road Wise: Navigating All Environments

Urban Road Safety  
Rural Road Safety  
Motorway Skills  
Sharing the Road Safely

## Driving Through the Elements

Driving in All Weathers  
Winter Road Safety  
Responsive Driving Skills  
Road Surface Awareness

## Road Traffic Incident: Your Role

Managing the Scene  
What Emergency Services Need from You  
Casualty Care  
Road Incident Simulation



# The Rules

---

## Driving Hours & Duties

Skilful Scheduling to Keep Compliant  
Know Your Limits  
Working Time Rules  
Driving Records Made Easy

## Mixed Rules Made Easy

Multi-Manning Rules & Roles  
GB & NI: Know the Rules  
Stay Legal: Mixed Rules  
Mixed Hours Knowledge Check

## Stop, Check & Stay Legal

Understanding Driving Licences  
Working with Weights and Dimensions  
Checkpoint Challenge  
Get to Know OCRS

## Know Your Digital Tachograph

Digital Tachograph Basics  
Hands On with the Digital Tachograph  
Dealing with Faults and Errors  
Enforcement Quiz