

RTITB LGV Driver CPC Module List

Available from 30th September 2025



The Driver

Fit to Drive Diet and Nutrition Planning Balancing Work and Wellbeing Physical Exercise Medical Declarations	Clear Mind, Safe Drive Drugs Behind the Wheel Drink Driving: Not Worth the Risk Beat Stress, Drive Safe Controlling Your Screen Time	Mindset Matters Your Mind Behind the Wheel Optical Behaviour Keeping Your Eyes on the Road Attitudes to Driving
Smart Decisions on the Road Manage Risk, Stay Safe Controlling Road Rage Focus in the Cab, Focus on the Road Control Your Speed, Control Your Safety	Customer First Exceeding Service Standards Scenarios in Customer Service Going Above and Beyond Challenging Interactions	Confident Communication Respect, Support & Teamwork Growing Confidence Effective Communication, Every Time Managing Conflict
Workplace Wellbeing Common Mental Health Conditions Recognising Signs of Mental Distress Mental Health Matters: Access the Help Workplace Culture and Mental Health	Delivering Food & Drink with Care Food Safety Challenge Handling Chilled and Frozen Loads Food & Drink Delivery Skills Workshop Manual Handling in Food & Drink Deliveries	Manual Handling in Action Moving with Your Body Assessing Your Capabilities Risk Assessments Manual Handling Skills in Practice



The Vehicle

Secure the Load, Secure the Road

Load Safety Challenge
Safe Loading Workshop
Smart Load Management
Securing Loads the Right Way

Hands-On Safety

Safety Skills Workshop
Safe Working on Vehicles
Safe Operations in Loading Bays and Ramps
Coupling and Uncoupling Best Practice

Efficiency on the Road

Efficient Vehicle Control Skills
Aerodynamics
Fuel Efficiency Through Telematics
Engine Power & Torque Basics

Vision & Precision

Blind Spots
Slow Speed Manoeuvring
Use of Technology and Safety Aids
Best Practice Workshop

Security: Yours and the Vehicles

Security Protocol Practice
Security Skills Toolkit
Clandestine Entry Awareness
Safe Stopping Procedures

Knowing your Vehicle

Getting to Know the Tractor Unit
Understanding Vehicle Braking Systems
Retardation Systems
Coupling Systems

Compliance on the Move

Tyre Care for Safe Driving
Ensuring Roadworthiness: Vehicle Inspections
Maintaining Vehicle Health
Vehicle Compliance and Records

Safety in Motion

What a Banksman Does
Reversing Workshop
Communicating with the Banksman
Guiding the Vehicle

Gear Up for Efficiency

Efficient Driving Skills Challenge
Driving Style Toolkit
Gearbox Skills Workshop
Reducing Fuel Consumption

Safe Loading Management

Load Planning
Awareness of oversized loads
Loads in Motion
Think before you load



The Road

Drive Safe, Plan Smart

Route Ready
Knowing the Highway Code
Bridge Strike Prevention
Protecting Road Workers

Managing Risks Effectively

Think Safe Quiz
Understanding Risks
Site Safety Awareness
Workplace Safety: COSHH Focus

Emergency Roadside Ready

Breakdown Ready
On the Road, Stay Safe
Reducing Noise Pollution
Fire Safety Procedures

Road Wise: Navigating All Environments

Urban Road Safety
Rural Road Safety
Motorway Skills
Sharing the Road Safely

Driving Through the Elements

Driving in All Weathers
Winter Road Safety
Responsive Driving Skills
Road Surface Awareness

Road Traffic Incident: Your Role

Managing the Scene
What Emergency Services Need from You
Casualty Care
Road Incident Simulation

Safe, Smooth, and Sustainable Driving

Fuel-Saving, Safe Driving
Skill-Building Drive
Drive 1: Getting Started
Drive 2: Next Level



The Rules

Driving Hours & Duties

Skilful Scheduling to Keep Compliant
Know Your Limits
Working Time Rules
Driving Records Made Easy

Mixed Rules Made Easy

Multi-Manning Rules & Roles
GB & NI: Know the Rules
Stay Legal: Mixed Rules
Mixed Hours Knowledge Check

Smart Tachographs Made Simple

Smart Tachograph Basics
Hands On with the Smart Tachograph
Dealing with Faults and Errors
Enforcement Quiz

Stop, Check & Stay Legal

Understanding Driving Licences
Working with Weights and Dimensions
Checkpoint Challenge
Get to Know OCRS

Knowing Compliance Rules

The Role of a Transport Manager
O Licence Made Simple
Vehicle Selection Scenarios
Insurance Essentials

International Transport Essentials

Cross-Border Transport
Freight Forwarding
Understanding CMR
Around the World in 20 Questions

Know Your Digital Tachograph

Digital Tachograph Basics
Hands On with the Digital Tachograph
Dealing with Faults and Errors
Enforcement Quiz